



Schedule 1st Caribbean Active Aging Congress

SATURDAY, OCTOBER 14, 2017 | 8:00 am – 17:00 pm

Venue: Cas di Cultura

1st Caribbean Active Aging Congress

08:00 am - 09:00 am

Registration / tea and coffee

09:00 am – 09:15 am

Opening Ceremony

09:15 am – 10:00 am

Keynote speaker: Dr. Paulo Farinatti

Alternative approaches of exercise prescription for the elderly: outdoor programs.

10:00 am - 10:30 am

Guest speaker: Dr. Sandro Waterloo

Demographics and prevention of geriatric elderly inside the hospital and for Aruba.

10:30 am - 11:00 am

Active Break / Tea and Coffee

11:00 am - 11:30 am

Guest speaker: Servaas Mes

Self-regulation in aging – how to move with ease, not disease.

11:30 am - 12:00 pm

Guest speaker: Sr. Jeffrey Matos



What are the perceived needs of the elderly.

12:00 pm – 12:30pm

Guest speaker: SABA Dr. Nienke Gonzalez Diaz-Smits

Medical care for the elderly and people suffering from chronic diseases in Aruba.

12:30 pm – 13:30 pm

Lunch

13:30 pm - 14:00 pm

Guest speaker: Dr. Sandra Marcela Mahecha Matsudo

Physical activity in nursing homes – Experience in a developing country

14:00 pm - 14:30 pm

Guest speaker: Mr. José R. Acarón Rodríguez

Livable Communities for all Ages

14:30 pm - 15:00 pm

Active Break / Tea and Coffee

15:00 pm - 15:30 pm

Guest speaker: Dr. Jos Schakel & Dr. Baraived Silvanie

The state of elderly care in Curacao.

15:30 pm - 16:00 pm

Key-note speakers: Dr. Erik Peper

Cancer: What you can do to prevent and support healing.

16:00 pm - 16:45pm

Guest speaker: Fundacion Movimiento ta Bida

16:45 pm - 17:00 pm



Closing words